

# CYBERSECURITY

*Checklist*

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With cybersecurity incidents and ransomware on the rise, now is a great time to re-evaluate your cybersecurity posture. While no company can be 100% protected, you can implement security best practices which significantly reduces the risk of becoming a victim.

This quick checklist in no way encompasses everything that can be done to secure your practice, but is a great place to start.

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- **TRAIN TEAM on current cybersecurity threats to the practice.**
  - **Assess Risks and Vulnerabilities to identify the most likely avenue a cybercriminal could get in.**
  - **Work with your IT Provider to shore up security defenses.**



## Security Tips

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- Check emails for misspellings, spoofed sender, or attachments.
- Beware of phone scams trying to gain remote access to your computer system.
- Secure mobile devices and cell phones with encryption.
- Address remote worker security.
- Enable screen lock and/or auto logout.
- Enable two-factor authentication wherever possible.
- Segment wifi for internet connected devices (IoT).
- Vet vendors prior to granting access to patient information.
- Implement and test an emergency disaster preparedness plan.
- Update passwords and use a password manager.
- Deploy business grade anti-virus.
- Run Operating System and Internet Program Patches.
- Utilize an enterprise firewall UTM with Intrusion Detection/Prevention Subscription.
- Implement backups that are tested to ensure they are available in an emergency such as ransomware.